



Robert Wood Johnson Foundation

Invite You to Attend a Congressional Briefing

***F as in Fat:
How Obesity Threatens America's Future***

Monday, September 24, 2012

9:30 a.m. – 10:30 a.m.

United States Capitol Visitor Center – Congressional Meeting Room North
(Light breakfast and refreshments will be provided)

Over the past several decades, the obesity epidemic has grown at an alarming rate, threatening our nation's health, academic achievement, economic productivity, and national security. This briefing will highlight the key findings of *F as in Fat: How Obesity Threatens America's Future*, the ninth annual edition of the report by Trust for America's Health and the Robert Wood Johnson Foundation

The briefing also will explore the stark contrast between "*Two Futures for America's Health*," a new analysis included in this year's report. The analysis predicts what will happen to obesity rates, related diseases and health care costs in every state if the epidemic continues to increase at its current pace vs. what those statistics would look like if we were to succeed in reducing Americans' body mass indices by just 5 percent by 2030.

Speakers will spotlight what works to prevent obesity, where progress is being made around the country, and what all of us can do to reverse the epidemic and put our country on a path to better physical and fiscal health.

Panelists:

Jeffrey Levi, Ph.D., Executive Director, Trust for America's Health

James S. Marks, M.D., M.P.H., Director, Health Group, Robert Wood Johnson Foundation

Gary Cox, J.D., Director, Oklahoma City-County Health Department

Please RSVP by clicking [HERE](#).
This is a widely attended event.