



Useful Behavioral Design Resources

Organizations working in related areas:

- Center for Active Design: <u>https://centerforactivedesign.org/</u>
- Urban Land Institute: <u>https://uli.org/</u>
- Natural Learning Institute: <u>https://naturalearning.org/</u>
- VMDO Architects: <u>https://www.vmdo.com/</u>
- Smarter Lunchroom Movement: <u>https://www.smarterlunchrooms.org</u>

Design Guidelines

- Healthy Eating Design Guidelines for School Architecture
 - o https://www.cdc.gov/pcd/issues/2013/12_0084.htm
 - o <u>http://www.ncbi.nlm.nih.gov/pubmed/25713964</u> (systematic review)
- Physical Activity Design Guidelines for School Architecture
 - o http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0132597
- Indicators of a Health Promoting Local Food Environment: A Conceptual Framework to Inform Urban Planning Policy and Practice
 - <u>http://www.publish.csiro.au/view/journals/dsp_journals_pip_abstract_scholar1.cfm?ni</u> <u>d=292&pip=HE15098</u>
- Nature Grounds: Creating and Retrofitting Play Environments Best Practice Guidelines, 2010
 - <u>https://naturalearning.org/nature-grounds-creating-and-retrofittng-play-environments-</u> best-practice-guidelines
- Pathways for Play: Best Practice Guidelines, 2010
 - o <u>https://naturalearning.org/pathways-play-best-practice-guidelines</u>
- Building Healthy Places Toolkit
 - o http://uli.org/wp-content/uploads/ULI-Documents/Building-Healthy-Places-Toolkit.pdf
- Ten Principles for Building Healthy Places
 - <u>http://www.uli.org/wp-content/uploads/ULI-Documents/10-Principles-for-Building-</u> <u>Healthy-Places.pdf</u>
- Active Design Toolkit for Schools
 - o <u>https://centerforactivedesign.org/activedesigntoolkitforschools</u>
- The Community Preventive Services Task Force Recommendations
 - <u>https://www.thecommunityguide.org/findings/physical-activity-built-environment-approaches</u>
- Fitwel: A cost effective, high impact, health promoting building certification
 - o https://fitwel.org/
- Food Service Guidelines for Federal Facilities
 - <u>https://www.cdc.gov/obesity/downloads/guidelines_for_federal_concessions_and_ven_ding_operations.pdf</u>
- Physical Activity Design Guidelines for School Architecture
 - o <u>http://www.nccor.org/wp-content/uploads/2016/09/PADesignGuidelines.pdf</u>

Research Tools

- Cafeteria Assessment for Elementary Schools (CAFES)
 - o <u>http://healthyplaces.nd.edu</u>
- Natural Learning Institute, Behavior Mapping
 - <u>https://naturalearning.org/sites/default/files/Cosco_Moore_Islam_BehaviorMapping.p</u> <u>df</u>
 - o <u>https://naturalearning.org/sites/default/files/OpenSpace2_Moore_Cosco2010Full.pdf</u>
- Natural Learning Institute, Preschool Outdoor Environment Measurement Scale POEMS, 2004
 - o <u>https://naturalearning.org/preschool-outdoor-environment-measurement-scale-poems</u>
- Natural Learning Institute, Measuring Physical Activity Affordances in Preschool Outdoor Environment
 - <u>https://naturalearning.org/measuring-physical-activity-affordances-preschool-outdoor-environments</u>

Other

- BJ Fogg, Web site focusing on design of tech
 - o <u>http://www.bjfogg.com/</u>
 - <u>http://www.rwjf.org/en/library/infographics/infographic-who-will-change-their-behavior.html</u>
- Environmental Psychology for Design
 - Kopec, David Alan. Environmental psychology for design. New York: Fairchild, 2006.