## Measures for children at high risk for obesity: Choosing whether to apply, \_\_\_\_\_\_ adapt, or develop a measure



## DEFINITIONS

**HIGH RISK:** children (ages 0-18 years) and their families at high risk for obesity or residing in communities where the risk of obesity and related comorbidities may be highest. Factors related to high-risk individuals and communities include race/ethnicity, education, income, urbanicity, region of the country, and individuals with disabilities.

**APPLY:** A measure is applied to a high-risk population if it is developed for a general population and used without modification.

**ADAPT:** A measure is adapted to a high-risk population if it is modified from its original form to better fit the study population.

**DEVELOP:** A measure is developed for a high-risk population if it is an original measure specifically used for the study population.

**VALIDITY:** Ability of a measure to assess the intended construct.

