LOGIC MODEL: METRICS



INDIVIDUAL & FAMILY

Body mass index (BMI) (prevalence change in age and gender specific percentile for children)

% Weight loss (for adults)

Behavior change (fruit & vegetable consumption, physical activity, sugary beverage consumption, sedentary time, healthy sleep)

Comorbidities (e.g., incidence, prevalence of diabetes or asthma; measures of control (glycosylated hemoglobin); utilization (emergency room visits)

Quality of life

Attendance, satisfaction, and utilization surveys

COMMUNITY & BUILT ENVIRONMENT

Number of early care and education best practices met for healthier food

Number of fruit & vegetable vouchers, coupons, or other benefits redeemed per prespecified denominator

Increased engagement and enrollment of families needing assistance with food voucher programs

Number of Safe Routes to School programs per pre-specified denominator

Staff, project capacity, and service utilization surveys

Community coalition surveys

POLICY



Number of school wellness policies supporting criteriadriven healthy cafeteria or vending offerings

Development of policies supporting complete streets design

Development of policies supporting safe public transport, increased connectivity and commuting options

This table lists a sample set of metrics relevant to childhood obesity that capture both processes measures and potential outcomes relevant to the child, family, community, built environment and systems. These can be tailored to intervention and community specific needs.