

# NCCOR Member Call

March 20, 2024 | 2:00 p.m. ET

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Call In: 1-877-853-5247

Meeting ID: 913-5213-7740



# Agenda

- Steering Committee Updates
- Workgroup Feature: Implementation Science
- Workgroup Updates
- Communication Updates
- Spotlight: HHS Food is Medicine Summit
  - Andrew Bremer, MD, PhD, Office of Nutrition Research, NIH
- Emerging Opportunities for NCCOR
- Announcements
- Calendar Reminders

# Steering Committee Updates

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- July 2024 Member Meeting
  - Tuesday, July 9
  - Hybrid/Washington, DC
- September 2024 Member Meeting/Senior Leadership Briefing
  - Monday, September 16
  - Washington, DC
  - Invitations have been sent

# Steering Committee Update

Agency priorities and guidance from senior leaders are at the core of determining NCCOR priorities and activities.

NCCOR bridges agency priorities with the needs of the field to advance progress through strategic projects.

Input from the field helps identify gaps, needs, and opportunities.



# Workgroup Updates

Melissa Van Orman  
NCCOR Coordinating Center



**WORKGROUP UPDATES in**

**1**

**2**

**3**

# **Implementation Science (IS)**

## PROJECT UPDATES

1

2

3

- **Challenge:** IS can foster more effective, equitable, and sustainable interventions, but few tools exist to facilitate its adoption among the public health community
- **Objective:** Create an interactive digital tool that 1) demonstrates how to apply IS and 2) facilitates engagement between implementers and researchers
- **Phase 1 Audience:** Those responsible for selecting and implementing interventions for their institutions (e.g., community practitioners, clinical staff, child care providers, school wellness professionals, etc.)

## LOOKING AHEAD

1

2

3

- Finalize key questions related to selecting, adapting, implementing, and documenting interventions
- Finalize an IS resource library
- Conduct formative audience research
- Build, test, and refine the IS digital tool
- Post the tool, resource library, and other supporting materials on the NCCOR website
- Conduct a promotional campaign
- Document the project for academic publication



## WORKGROUP CONTACTS

- Janet Fulton, CDC
- Laura Kettel Khan, CDC
- Susan Vorkoper, NIH



Please visit the [Implementation Science Project Page](#) to learn more about the group's previous workshop and find IS-related resources.

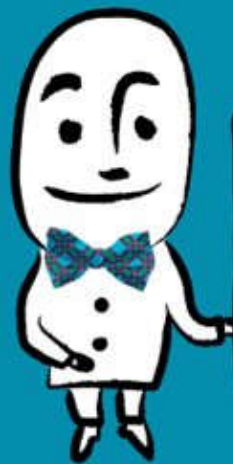
# Workgroup Updates

- **Catalogue of Surveillance Systems:** Promoted the CSS sleep updates on a NCCOR Connect & Explore webinar. Launched a communications campaign for the sleep update.
- **Economic Impact of Built Environment Improvements:** Pending launch of updates to the Economic Indicators Library.
- **Identification and Categorization of Evidence Gaps in Physical Activity Research:** Accepted for a presentation at ISBNPA on May 23. Submitted the final manuscript to clearance at CDC and NIH.
- **State of the Science on Measures of Individual Diet, Food Environment, Individual Physical Activity, and Physical Activity Environment:** Completed the second draft of the manuscript and tables.
- **Obesity-Related Policy Research in the US (OPUS) *formerly* Lessons Learned from International, National, and Local Public Health Policy Efforts for Healthy Childhood Growth:** Workshop 1 is scheduled for June 4–5. Workshop 2 planning has commenced, with a target date of August.

# Communication Updates

Melissa Van Orman  
NCCOR Coordinating Center

# Connect & Explore Webinar: Sleep's Role in Child Health: Expanding NCCOR's Catalogue of Surveillance Systems



**NCCOR**  
**CONNECT**  
**& EXPLORE**

**Sleep's Role in Child Health:  
Expanding NCCOR's Catalogue  
of Surveillance Systems**

Wednesday, March 13, 3-4 p.m. ET

# CSS Promotion Campaign


**CATALOGUE  
OF SURVEILLANCE  
SYSTEMS**

Now with  
sleep variables!

 [nccor.org/css](http://nccor.org/css)

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## FEATURED TOOL

## Catalogue of Surveillance Systems

Increase efficiency with access over 100 surveillance systems relevant to childhood obesity research—now featuring variables for sleep research!

[LEARN MORE](#)



## Catalogue of Surveillance Systems

The Catalogue of Surveillance Systems, launched by NCCOR in 2011, is a comprehensive catalogue of datasets relevant to childhood obesity research and including information on health behaviors. It allows users to review, sort, and compare more than 100 surveillance systems relevant to childhood obesity research and evaluation of policy and environmental interventions. This free online resource helps researchers and practitioners more easily investigate childhood obesity in America by increasing efficiency, effectiveness, and innovation in obesity research.

The Catalogue allows users to search and filter by

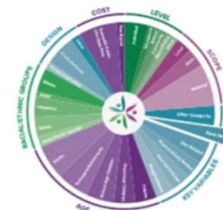
- Level
- Scope
- Key Variables
- Age Group
- Racial/Ethnic Groups
- Design
- Cost

Each surveillance system's profile includes the system's purpose, target audience, data collection time frame, sampling design, sample size, how to access the data, and much more.

### NOW WITH SLEEP VARIABLES!

Enjoy the same great benefits of the Catalogue plus the addition of

- Sleep-related key variable filter options:
  - Physical sleep environment
  - Social sleep environment
  - Sleep duration and quantity
  - Sleep disturbances and quality
  - Sleep timing and regularity



### NCCOR: WORKING TOGETHER TO REVERSE CHILDHOOD OBESITY

NCCOR is a partnership of the four leading funders of childhood obesity research: the Centers for Disease Control and Prevention (CDC), the National Institutes of Health (NIH), the Robert Wood Johnson Foundation (RWJF), and the U.S. Department of Agriculture (USDA). These four leaders joined forces in 2008 to continually assess the needs in childhood obesity research, develop joint projects to address gaps and make strategic advancements, and work together to generate fresh and synergistic ideas to reduce childhood obesity.

For more information about NCCOR, visit [www.nccor.org](http://www.nccor.org).

Research suggests that the 24-hour cycle, which includes sleep, diet, and physical activity, is an important determinant of childhood obesity. While the importance of sleep as it relates to childhood obesity is known, there are limited resources where researchers can look at data with intersecting variables on sleep, diet, and physical activity.

NCCOR has addressed this gap by adding sleep as a key variable in the Catalogue of Surveillance Systems so that researchers and public health professionals can filter datasets to identify which ones may be a good fit for their use.

The Catalogue is available at [www.nccor.org/css](http://www.nccor.org/css). Systems included were chosen because they provide access to publicly available, raw data gathered in the United States within the last 10 years. The Catalogue of Surveillance Systems is updated as new data become available.



May 2023

[www.nccor.org](http://www.nccor.org) • Email: [nccor@fhi360.org](mailto:nccor@fhi360.org)

## How You Can Help!

1. Distribute our [new factsheet](#) that details the addition of sleep variables and their relevance in childhood obesity research.
2. Share our [social media graphic and message](#) to let your network know about this exciting update.
3. Feature the [update about sleep variables](#) in newsletters, e-mail lists, or message forums.
4. Introduce the new sleep variables during staff meetings or professional gatherings.



# NCCOR 2023 Annual Report

- Theme highlights how NCCOR fosters collaboration, maximizes resources, and spurs innovation
- Profiles recent accomplishments
  - Sleep variables
  - B-24 dietary assessment
  - Publications, conferences
- Special “NCCOR @ 15” section looking back at the history of the program

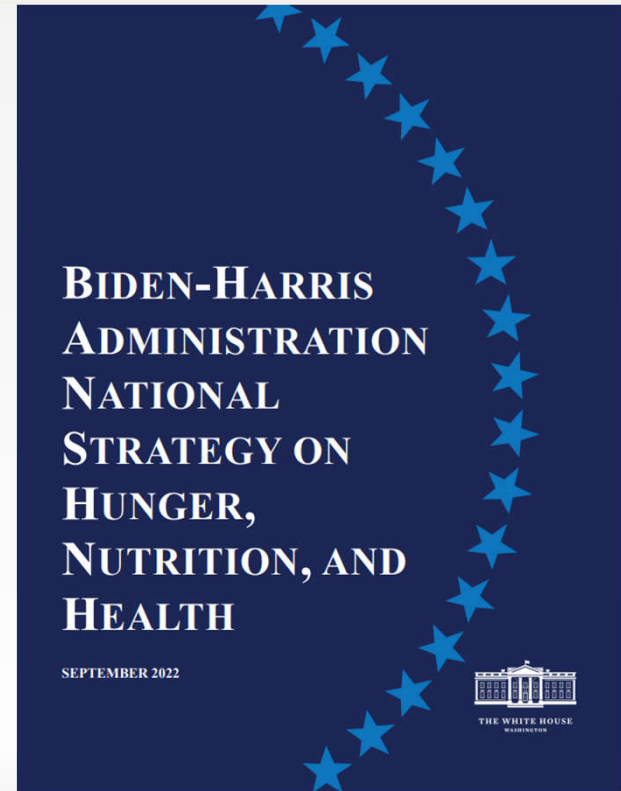


# U.S. Department of Health and Human Services "Food is Medicine" Summit

Andrew Bremer, MD, PhD  
Office of Nutrition Research, NIH

# HHS Food is Medicine Summit

- January 31, 2024
- All-day summit for stakeholders at the intersection of food and health
- A part of HHS' strategy to advance the White House National Strategy on Hunger, Nutrition, and Health and reduce the prevalence of chronic disease in the United States



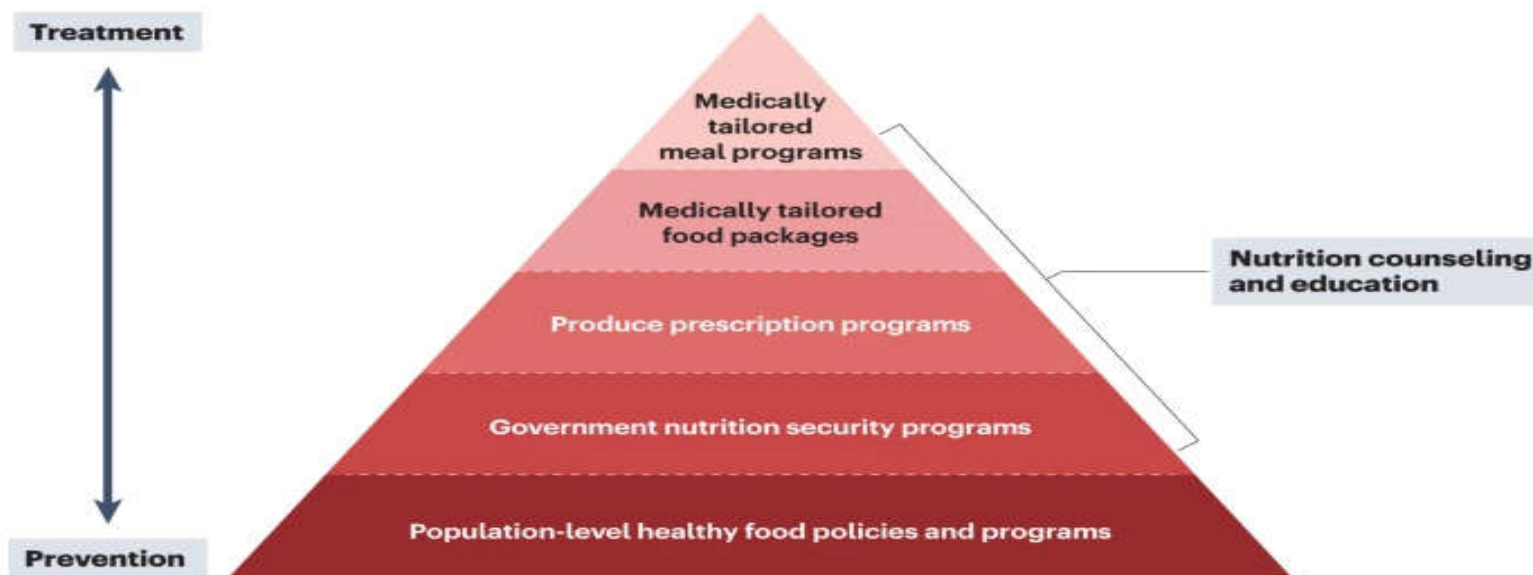
*"Food is Medicine encompasses a broad range of approaches that promote optimal health and healing and reduce disease burden by providing nutritious food—in conjunction with human services, education, and policy change—through collaboration at the nexus of healthcare and community."*

– HHS Food is Medicine framing language

# HHS Food is Medicine Principles

1. Recognize that nourishment is essential for good health, wellbeing, and resilience
2. Facilitate easy access to healthy food across the health continuum in the community
3. Cultivate understanding of the relationship between nutrition and health
4. Unite partners with diverse assets to build sustained and integrated solutions
5. Invest in the capacity of under-resourced communities

# Food is Medicine: Pyramid



An evolving framework of programs and interventions in healthcare and population health to integrate food-based nutrition interventions at multiple levels for specific health needs of different focus populations. Nutrition security programs include the Supplemental Nutrition Assistance Program (SNAP), Special Supplemental Nutrition Program for Women, Infants and Children (WIC), and school meals. Figure adapted and updated from Food is Medicine Massachusetts

Source: "A Food is Medicine Approach to Achieve Nutrition Security and Improve Health" Mozaffarian et al., *Nature Medicine* 28, 2238-2240 (2022).



# Food is Medicine: Pyramid

## Individuals:

- Health care access
- Food availability
- Food access

## Systems:

- Health care
- Food production



An evolving framework of programs and interventions in healthcare and population health to integrate food-based nutrition interventions at multiple levels for specific health needs of different focus populations. Nutrition security programs include the Supplemental Nutrition Assistance Program (SNAP), Special Supplemental Nutrition Program for Women, Infants and Children (WIC), and school meals. Figure adapted and updated from Food is Medicine Massachusetts

Source: "A Food is Medicine Approach to Achieve Nutrition Security and Improve Health" Mozaffarian et al., Nature Medicine 28, 2238-2240 (2022).

# Food is Medicine: Key Opportunities

## Provide Enabling Tools

Provide resources that create greater unity, expand understanding of impact, and increase permanent FIM efforts

## Build Partners

Expand the partners and systems engaged in and that understand their relationship to FIM interventions



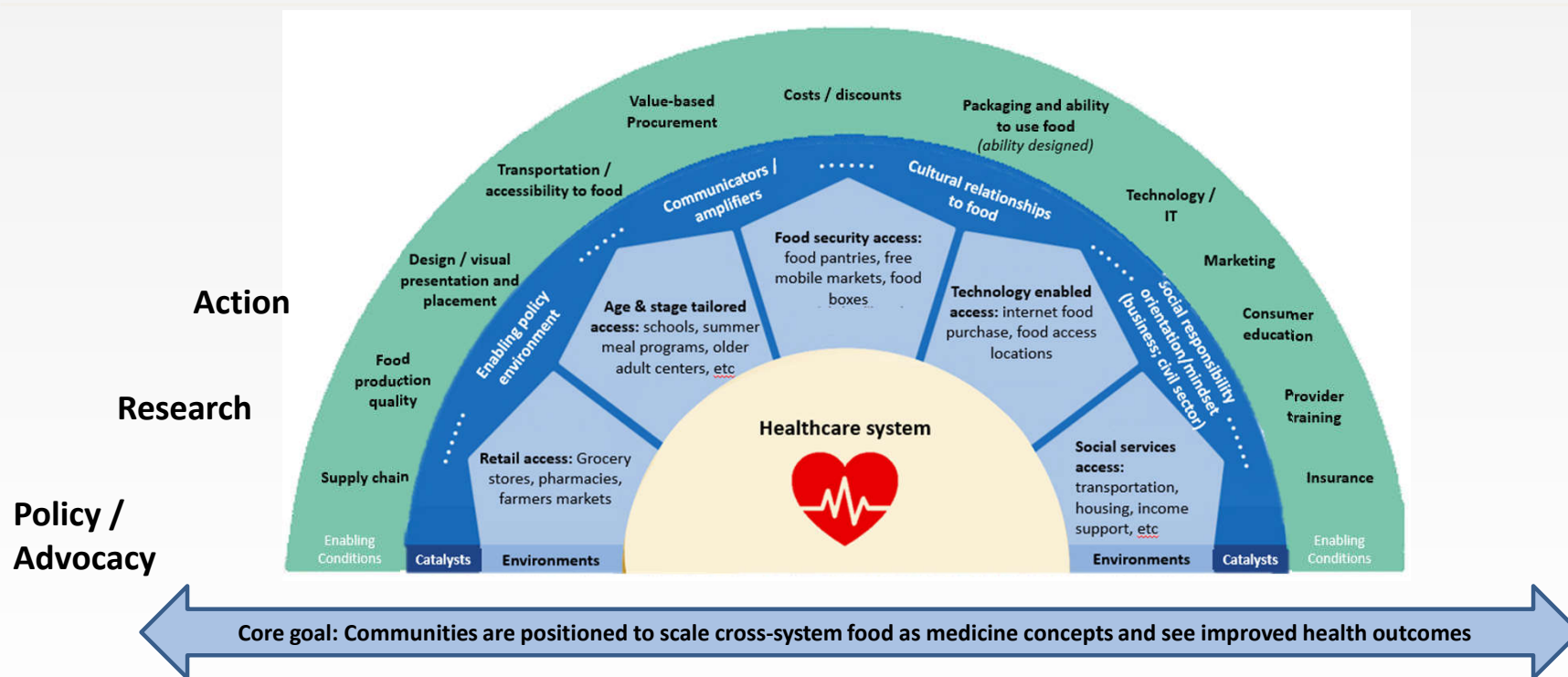
## A Shared Ethos

Unify and advance shared definitions and principles

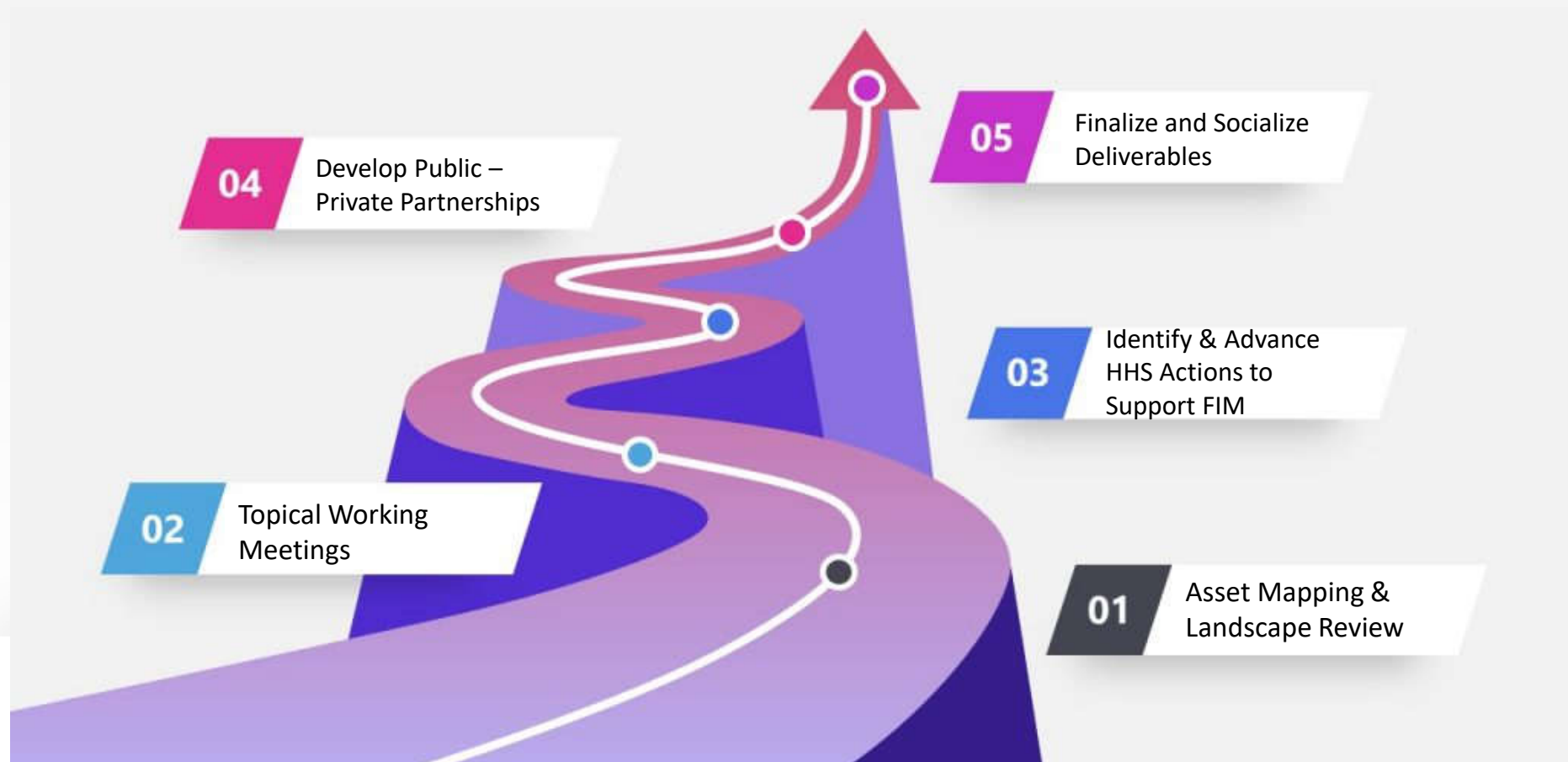
## Collaborative Action

Support greater coordinated learning and action across federal resources to support FIM

# Food is Medicine: Ecosystem



# Food is Medicine: Roadmap



# Panel Discussions

## Part I: The Current Landscape

- The power and importance of nourishment
- Department of HHS collaboration and investments in Food is Medicine
- Design and implementation perspectives from Food is Medicine partners

## Part II: Collaborative Approaches to Advance the Food is Medicine Landscape

- Federal and state policy considerations to sustain Food is Medicine approaches
- Investing to scale a lasting Food is Medicine system
- Innovation in community-informed Food is Medicine approaches
- Integrating Food is Medicine into cross-sector systems to advance health
- Building Food is Medicine into education across the health continuum

## Three New Public Private Partnerships

- HHS announces three partnerships with InstaCart, Rockefeller Foundation, and Feeding America to advance nutrition goals.



<https://www.hhs.gov/about/news/2024/02/02/hhs-hosts-first-ever-food-medicine-summit-launches-three-public-private-partnerships.html>



# HHS Food is Medicine Summit



<https://www.hhs.gov/about/news/2024/02/02/hhs-hosts-first-ever-food-medicine-summit-launches-three-public-private-partnerships.html>

# Emerging Opportunities for NCCOR

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# Announcements

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# 2024 Calendar Reminders

## Member Calls

- April 17
- May 15
- June 12
- August 21
- October 16
- November 20
- December 18

## Member Meetings

- July 9, Member Meeting (DC)
- September 16, Senior Leadership Briefing (DC)

Do you want to present your work to NCCOR members? Let us know at [rgrimsland@fhi360.org](mailto:rgrimsland@fhi360.org)!

# Questions?

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