



# **NCCOR Member Meeting**

# July 9, 2024

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# **AGENDA**

# National Collaborative on Childhood Obesity Research (NCCOR) **Member Meeting**

Tuesday, July 9, 2024 10:30 a.m.-3:30 p.m. ET

FHI 360 Office 2101 L Street, Washington DC 20036

**Teams Meeting** 

Meeting ID: 216 328 377 630

Purpose: To explore current and future obesity-related priorities for external organizations as well as those that may be relevant to NCCOR

10:00-10:30	In-person Networking, Registration, & Coffee
	Karen Hilyard, PhD, NCCOR Coordinating Center

#### 10:30-10:50 Welcome and Highlights of NCCOR's Recent Accomplishments

Karen Hilyard, PhD, NCCOR Coordinating Center

#### 10:50-12:00 **Panel I: Priorities of Obesity-Related Organizations**

Moderator: Karen Hilyard, PhD, NCCOR Coordinating Center

- The Obesity Society Jamy Ard, MD, Wake Forest University
- American Society for Nutrition Sarah L. Booth, PhD, Jean Mayer USDA Human Nutrition Research Center on Aging, Tufts University
- American Academy of Pediatrics, Institute for Healthy Childhood Weight -Sandy Hassink, MD, FAAP
- National Academies Roundtable on Obesity Solutions Nicolaas P. Pronk, PhD, MA, FACSM, FAWHP, HealthPartners Institute

#### 12:00-12:30 Q&A

#### 12:30-1:15 **Networking Lunch**

#### 1:15-2:15 Panel II: NCCOR's External Scientific Panel: Perspectives on Future Directions

Moderator: Karen Hilyard, PhD, NCCOR Coordinating Center

- Ross Brownson, PhD, Washington University in St. Louis
- Thomas Robinson, MD, MPH, Stanford University School of Medicine
- Jim Sallis, PhD, University of California, San Diego

#### 2:15-2:20 **Break**





- 2:20-2:45 Obesity-Related Policy, Systems, and Environmental Research in the US (OPUS) Workshop 1 Recap and Workshop 2 Preview – David Berrigan, PhD, MPH, National Cancer Institute
- **Reflections on NCCOR's Future Directions** 2:45-3:25
  - What are the most critical areas to move forward?
- 3:25-3:30 Wrap-up and Closing

# NCCOR July Member Meeting Speaker Bios July 9, 2024

# **Panel I: Priorities of Obesity-Related Organizations**



Jamy Ard, MD, is a professor in the Department of Epidemiology and Prevention in the Division of Public Health Sciences, co-director of the Weight Management Center, and medical director of medical weight management at Wake Forest University School of Medicine in Winston-Salem, NC. In October 2021, Dr. Ard was elected as a member of the National Academy of Medicine. Dr. Ard conducts research in clinical strategies to treat obesity and associated risk-factor modification. He also focuses on health disparities and ways to better engage African Americans in effective obesity treatment and research programs. He is a graduate of Duke University Medical Center, where he earned his medical degree. He also holds a BS in biology from Morehouse College.



Sarah L. Booth, PhD, is director of the Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts University and senior scientist, leading all research projects focused on diet and the aging brain and sensory systems. She is also a professor in the Biochemical and Molecular Nutrition Program at the Friedman School of Nutrition Science and Policy at Tufts University, the vice president for the American Society of Nutrition, and chair of the 2025 U.S. Dietary Guidelines for Americans Advisory Committee. Dr. Booth is an international leader in vitamin K research, receiving multiple awards in recognition of her research, the most recent being the American Society of Nutrition (ASN) E.V. McCollum Award for a Senior Investigator.



Sandra Hassink, MD, MS, FAAP, has devoted her professional career to caring and advocating for children with obesity. She is the current medical director of the AAP Institute for Healthy Childhood Weight. She was the vice chair of the writing committee for the 2023 AAP Clinical Practice Guidelines for the Evaluation and Treatment of Obesity in Children and Adolescents and president of the American Academy of Pediatrics. She has collaborated in basic research efforts to identify pathophysiologic mechanisms of obesity, centering on the role of leptin, and has lectured widely in the field of pediatric obesity. In addition, she authored A Parent's Guide to Childhood Obesity, Pediatric Obesity: Prevention, Intervention, and Treatment Strategies for Primary Care, and Clinical Guide to Pediatric Weight Management. Dr. Hassink also holds an MS in Pastoral Care and Counseling.



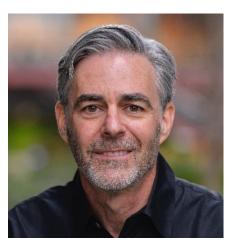
Nico Pronk, PhD, MA, FACSM, FAWHP, is president of the HealthPartners Institute and chief science officer at HealthPartners, Inc. and holds an academic appointment as affiliate full professor of Health Policy and Management at the University of Minnesota, School of Public Health. He continues to serve as a co-investigator on research studies in the Department of Social and Behavioral Sciences at the Harvard T.H. Chan School of Public Health. He also serves on various health-related committees and boards and was confirmed by the White House to serve as co-chair of the U.S. Secretary of Health and Human Services' Advisory Committee on National Health Promotion and Disease Prevention Objectives for the year 2030 ("Healthy People 2030"). Dr. Pronk received his doctorate in exercise physiology at Texas A&M University and completed his post-doctoral studies in behavioral medicine at the University of Pittsburgh Medical Center at the Western Psychiatric Institute and Clinic.

# Panel II: NCCOR's External Scientific Panel: Perspectives on Future Directions



Ross Brownson, PhD, is the Lipstein Distinguished Professor of Public Health at Washington University in St. Louis and directs the Prevention Research Center and co-directs the Washington University Implementation Science Center for Cancer Control. Dr. Brownson is the author or editor of over 600 peer-reviewed articles and 15 books, including Dissemination and Implementation Research in Health:

Translating Science to Practice. He has received numerous awards for his work, among them the American Public Health Association's (APHA) Abraham Lilienfeld Award for excellence in teaching and mentoring (2003) and the APHA Award for Excellence (2016). Dr. Brownson is a past-president of the National Association of Chronic Disease Directors and the American College of Epidemiology.



Thomas Robinson, MD, MPH, is the Irving Schulman endowed professor in child health and professor of pediatrics, medicine, and, by courtesy, epidemiology and population health at Stanford University. Dr. Robinson received both his BS and MD degrees from Stanford University and his MPH in maternal and child health from the University of California, Berkeley. He completed his residency at Children's Hospital, Boston and is board-certified in pediatrics. He directs the Stanford Solutions Science Lab and the Center for Healthy Weight at the Lucile Packard Children's Hospital Stanford and Stanford University. Previously, Dr. Robinson served as a member of the Institute of Medicine (IOM) Committee on the Prevention of Obesity in Children and Youth, the IOM Committee on Progress in Preventing Childhood Obesity, and the IOM Standing Committee on Childhood Obesity.



Jim Sallis, PhD, is distinguished professor emeritus at the Herbert Wertheim School of Public Health at University of California San Diego. His primary research interests are promoting physical activity and understanding policy and environmental influences on physical activity, nutrition, and obesity. He is the author of over 800 scientific publications and is one of the world's most cited authors across all fields. He received a Lifetime Achievement Award from the President's Council on Fitness, Sports, and Nutrition, and Time Magazine identified him as an "obesity warrior." He received his PhD and MS in clinical psychology and psychology, respectively, from Memphis State University and holds a BS from Belhaven College. Read more about Dr. Sallis: <a href="www.drjimsallis.org">www.drjimsallis.org</a>.





# **Highlights of NCCOR Accomplishments & Activities**

The National Collaborative on Childhood Obesity Research (NCCOR) is advancing the field through complementary and joint initiatives by its partners: the Centers for Disease Control and Prevention (CDC), the National Institutes of Health (NIH), the Robert Wood Johnson Foundation (RWJF), and the U.S. Department of Agriculture (USDA).

The following are select accomplishments and activities from February 2024 through July 2024.

## Hosted the first Obesity-Related Policy, Systems, and Environmental Research in the US (OPUS) workshop

On June 4–5, NCCOR hosted one of two workshops on Obesity-Related Policy, Systems, and Environmental Research in the U.S. (OPUS). The workshop featured presentations from leading obesityprevention and public health experts and examined best practices in obesity prevention research with specific attention to community engagement and systems change through an equity lens. The workshop series aims to advance the field by highlighting opportunities for the design and rigorous evaluation of both proximal and distal PSE interventions. With over 600 registrants, the workshop provided a unique opportunity for experts and attendees to explore the next steps to advance multilevel interventions to prevent obesity. The second workshop will be held in October 2024.

#### Published "Making a Strategic Difference: NCCOR 2023 Annual Report"

This year's annual report highlights NCCOR's accomplishments during 2023 and features a 15-year retrospective on NCCOR's contributions to childhood obesity research. Over the past 15 years, NCCOR has created seven innovative research tools, published over 200 resources and research articles, hosted more than 70 webinars and workshops, and fostered a dynamic research community. The 2023 Annual Report highlights this history and features a two-page timeline showcasing a selection of NCCOR's major activities and achievements.

## Hosted a Connect & Explore webinar titled "Sleep's Role in Child Health: Expanding NCCOR's Catalogue of Surveillance Systems (CSS)"

On March 13, NCCOR hosted the "Sleep's Role in Child Health: Expanding NCCOR's Catalogue of Surveillance System" webinar, highlighting the recent additions of sleep variables to the Catalogue of Surveillance Systems. By integrating new sleep variables into the CSS, NCCOR is filling a critical gap and enabling researchers, health care providers, and public health practitioners to efficiently explore the intricate relationship between sleep and childhood obesity. This expansion streamlines research efforts and public health strategies to address child development. The featured speakers included Marissa Shams-White, PhD, MSTOM, MS, MPH, and Alfonso Alfini, PhD, MS, National Center on Sleep Disorders Research, National Heart, Lung, and Blood Institute, who discussed the intersection between sleep and childhood obesity.

#### Presented to NIH Fogarty International Center Cross Borders Virtual Network Meeting

In May, Dan Hatfield, PhD, from the NCCOR Coordinating Center, presented at the Fogarty International Center Cross Borders Virtual Network Meeting. The Meeting aimed to share results and lessons learned from the new and expanded research partnership developed by the Cross Border Awardees related to childhood obesity prevention. The second goal was to consider how this effort can inform moving the field forward in both Latin America and the United States. Speakers included grantees in both the United States and Latin America. The NCCOR presentation was included in a section on NIH opportunities and activities, sharing the history and success of NCCOR and promoting the OPUS workshop series.





## Conducted six interviews with members of the NCCOR External Scientific Panel (NESP) and created a summary of findings

The Coordinating Center completed six interviews with NESP members about NCCOR's future. This work builds on the recent NCCOR member survey and February Member Meeting, where NCCOR members offered feedback and conducted strategic planning for NCCOR's future directions. The NESP conversations focused on three key areas that emerged as priority themes from NCCOR members: treatment, implementation science, and the lifespan. Following the NESP conversations, the Coordinating Center collated their thoughts into a summary report.

# Poster presentation accepted by ObesityWeek highlighting the recent addition of sleep variables to **NCCOR's Catalogue of Surveillance Systems**

Continuing the promotion of the sleep updates to NCCOR's Catalogue of Surveillance Systems (CSS), the CSS workgroup will be delivering a poster presentation at ObesityWeek in November. The presentation will reflect the recent Connect & Explore webinar, where experts discussed the importance of sleep and child health, and the intersection of sleep and obesity.

#### Published a new booklet on the NCCOR website: "A Guide to NCCOR's Research Tools"

The new resource, "A Guide to NCCOR's Research Tools," is designed to be an easy-to-use booklet for researchers. The guide provides a preview of each tool, including the tool's purpose, key features, and scenarios on when to use it. The booklet is available in NCCOR's resource library.

Attended the International Society of Behavioral Nutrition and Physical Activity (ISBNPA) conference The NCCOR team hosted an exhibit booth at ISBNPA in Omaha, where researchers, students, and experts in the field convened to exchange best practices and emerging research in nutrition and physical activity. At the conference, Laura Balis, PhD, from the Center for Nutrition & Health Impact, presented on behalf of the Identification and Categorization of Evidence Gaps in Physical Activity Research workgroup. Her talk, "Opportunities for Physical Activity Research, Policy, and Practice: A Conceptual Framework," briefly introduced NCCOR and described the workgroup's recent research identifying critical opportunities to promote physical activity, especially in communities experiencing health disparities.



# NCCOR 2024: UPCOMING EVENTS & PUBLICATIONS

JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
JULY 9 NCCOR Member Meeting in Washington, DC and virtual	AUGUST 21 NCCOR Member Call  AUGUST TBD Connect & Explore webinar	SEPTEMBER 16 Senior Leadership Briefing in Washington, DC  SEPTEMBER 9-10 Nutrition Security: Moving from Conceptualization to Measurement USDA Workshop  Childhood Obesity Awareness Month	OCTOBER 9-10 Obesity-Related Policy, Systems, and Environmental Research in the US (OPUS) Workshop  OCTOBER 16 NCCOR Member Call  OCTOBER 27-30 American Public Health Association's (APHA) Annual Meeting in Minneapolis, MN  YEAR-LONG PUBL  NCCOR Monthly e- NCCOR Student e-	Newsletter	DECEMBER 18 NCCOR Member Call





# **Overview of Active NCCOR Workgroups and Projects**

NCCOR members continually assess the needs of the field, develop joint projects to address gaps and make strategic advancements, and work together to generate new ideas to reduce childhood obesity. The projects below describe ongoing efforts to support NCCOR's mission of working across disciplines and organizations.

#### Adding a Sleep Variable to the Catalogue of Surveillance Systems

Leads: Jill Reedy, NIH, <u>reedyj@mail.nih.gov</u>

This group presented the recent addition of sleep updates to NCCOR's Catalogue of Surveillance Systems (CSS) at an NCCOR Connect & Explore webinar titled "Sleep's Role in Child Health: Expanding NCCOR's Catalogue of Surveillance Systems." The group has also submitted an abstract for oral presentation to ObesityWeek to further promote the CSS updates and share key learnings from the intersection of sleep and child health.

#### Identification and Categorization of Evidence Gaps in Physical Activity Research

Leads: Melissa Green Parker, NIH, <u>melissa.greenparker@nih.gov</u>; Bramaramba Kowtha, NIH, bramaramba.kowtha@nih.gov

This group is working to identify physical activity (PA) research opportunities and develop a tool to determine future opportunities in PA with greater efficiency. The group presented their findings and emerging framework to NCCOR members at the April member call and also delivered an oral presentation at the International Society of Behavioral Nutrition and Physical Activity (ISBNPA) conference in May. The group is currently working to finalize the manuscript for journal submission. The workgroup is working with Laura Balis at the Gretchen Swanson Center for Nutrition to develop the framework and subsequent manuscript for publishing.

#### **Implementation Science**

Leads: Janet Fulton, CDC, jkf2@cdc.gov; Susan Vorkoper, NIH, vorkopersc@mail.nih.gov

This workgroup continues to work with Dr. Taren Swindle from the University of Arkansas for Medical Sciences to develop an implementation science training tool tailored to the needs of childhood obesity, nutrition, and healthy weight programs. Currently conceived as a "roadmap," the proposed product will draw from case studies and published literature to illustrate how to apply implementation science during various project stages. The workgroup has formed a "sprint team" to begin writing introductory content for the new tool and to launch in-depth audience interviews to inform the direction of the design. Karen Hilyard from the NCCOR Coordinating Center has joined the workgroup to conduct the audience interviews.

#### Obesity-Related Policy, Systems, and Environmental Research in the U.S.

Leads: Jill Reedy, NIH, <u>reedyj@mail.nih.gov</u>; Susan Czajkowski, NIH, <u>susan.czajkowski@nih.gov</u>; David Berrigan, NIH, <u>berrigad@mail.nih.gov</u>

This workgroup successfully hosted the first installment of the OPUS workshop series on June 4–5 over Zoom. The two-day workshop had over 600 registrants and featured over 25 expert presenters from academic institutions, global research projects, and federal agencies. The workshop explored lessons learned from policy, systems, and environmental efforts to date and identified potential next steps for addressing childhood obesity. The workshop also examined best practices in obesity-prevention research with specific attention to community engagement and systems change through an equity lens. This workgroup is currently planning the second workshop of the OPUS series, scheduled to take place in October, 2024.





# State of the Science on Measures of Individual Diet, Food Environment, Individual Physical Activity, and Physical Activity Environment

Leads: David Berrigan, NIH, <u>berrigad@mail.nih.gov</u>

This group is working to summarize the measures landscape as represented in the Measures Registry and demonstrate how the Registry illuminates strengths and gaps in the development of valid measures of diet, physical activity, and their environmental influences. The workgroup is currently focusing on the individual physical activity domain and is working to highlight aspects of the Measures Registry that are most appropriate for today's use. The workgroup has completed a manuscript detailing their findings and is currently working on journal submission. The workgroup is working with Dr. Karin Pfeiffer, Dr. Kimberly Clevenger, and their graduate student on this effort.

#### **OPERATIONAL WORKGROUP PROJECT**

#### **Communications**

Lead: Melissa Van Orman, NCCOR, MVanOrman@fhi360.org

This operational workgroup facilitates cross-collaboration for promotional efforts among the NCCOR member agencies. The group shares information about the latest resources, launches, and other news being amplified on social media and other communication channels.



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