



NCCOR Member Call

January 21, 2026 | 2:00 p.m. ET



Agenda

- Steering Committee updates
- NCCOR 2025 year in review
- Workgroup updates
- Communication updates
- Emerging opportunities for NCCOR
- Calendar reminders

Steering Committee Updates

February Member Meeting

- February 25, 2026, 1:00 – 3:00 p.m. ET
- Panel: TEAM UP Trial
 - Steve Cook, MD, MPH, Nationwide Children’s Hospital
 - Denise Wilfley, PhD, Washington University in St. Louis
 - Amanda Staiano, PhD, Pennington Biomedical Research Center, Louisiana State University
 - Jeanne Lindros, MPH, American Academy of Pediatrics
- This study compares the clinical effectiveness of two treatment approaches within primary care for obesity reduction in children and adolescents.

Steering Committee Updates

CDC

Carrie Dooyema, MSN, MPH, RN

Deborah Galuska, PhD

NIH

Jill Reedy, PhD, MPH, RDN

Stephanie George, PhD, MPH, MA

USDA

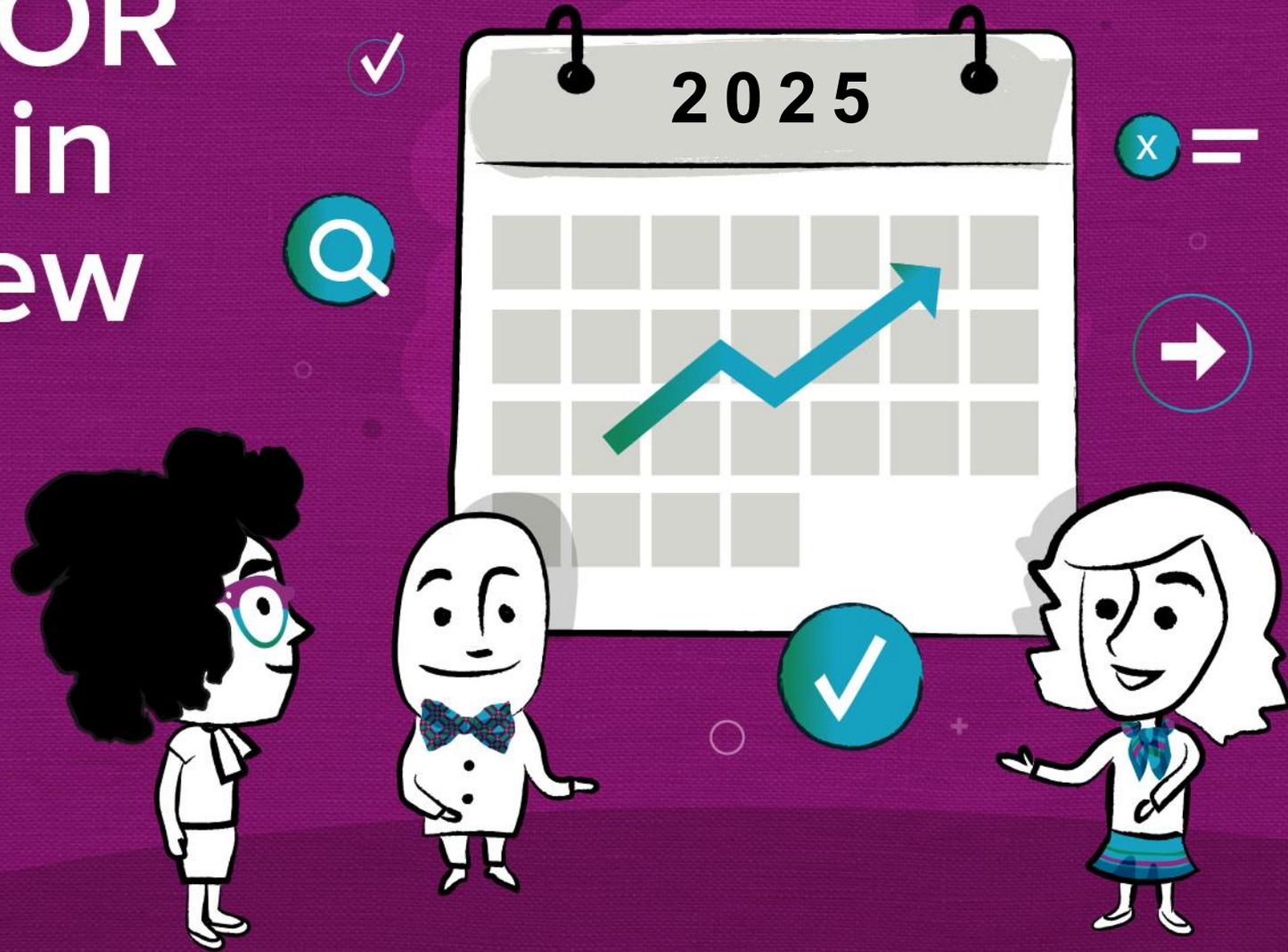
Brandon J. Restrepo, PhD

Donna Johnson-Bailey, MPH, RD

RWJF

Katherine Hempstead, PhD

NCCOR Year in Review



NCCOR Year in Review 2025

- Keeping members connected
- Engaging experts
- Developing tools and resources
- Conducting strategic communications and outreach
- Connecting the field

Keeping Members Connected

Member Meetings

- **June 3, 2025**
- July 23, 2025
- September 9, 2025

Panel: Hot Topics in Childhood Obesity, Nutrition, and Physical Activity Research

- Elder Garcia Varela, PhD, MS, CPH, CHES, University of Michigan
- Alexandra Ursache, PhD, NYU Grossman School of Medicine
- Kozeta Miliku, MD, PhD, University of Toronto

Keeping Members Connected

Member Meetings

- June 3, 2025
- **July 23, 2025** (rescheduled from February)
- September 9, 2025

Panel: Activities and Priorities of Nutrition and Physical Activity-Related Organizations

- Megan Lott, MPH, RDN, Healthy Eating Research (HER)
- Hilary Seligman, MD, MAS, Nutrition and Obesity Policy Research and Evaluation Network (NOPREN)
- Jamie Chriqui, PhD, MHS, Physical Activity Policy Research and Evaluation Network (PAPREN)

Keeping Members Connected

Member Meetings

- June 3, 2025
- July 23, 2025
- **September 9, 2025**

Panel: The Impact of Advertising and Food Labeling on Dietary Intake

- Robin McKinnon, U.S. Food and Drug Administration
- Monique Potvin Kent, PhD, University of Ottawa
- Anna Grummon, PhD, Stanford University
- Sean Cash, PhD, Tufts University

Keeping Members Connected

6 member calls

- **January:** NCCOR Year in Review
- **March:** NCCOR Implementation Science Workgroup
- **May:** Ultra-Processed Foods and Health Outcomes
- **August:** CDC Early Childhood Nutrition Report and MMWR
- **November:** Bloomberg American Health Initiative (BAHI)
- **December:** NCI Administrative Supplements

Engaging Experts

NCCOR engaged over 50 outside experts in 2025, including:

- 27 workshop attendees
- 10 Member Meeting speakers
- 6 Member Call speakers
- 6 Connect & Explore webinar speakers
- 5 workgroup experts

Engaging Experts

2025 active workgroups

- State of the Science on Measures of Individual Diet, Food Environment, Individual Physical Activity, and Physical Activity Environment
- Identification and Categorization of Evidence Gaps in Physical Activity Research
- Implementation Science
- Obesity-related Policy, Systems, and Environmental Research in the U.S. (OPUS)
- Research Gaps in Treatment of Pediatric Obesity with Obesity Medications

Developing Tools and Resources

Implementation Science Scorecard and Case Study

- The Scorecard is designed to help practitioners spot strengths and blind spots as they move through the four phases of implementing new interventions or programs:
 - Exploration
 - Preparation
 - Implementation
 - Sustainment
- The case study illustrates how a non-profit organization uses the scorecard to adapt and implement an existing evidence-based meal delivery program.

NATIONAL COLLABORATIVE ON CHILDHOOD OBESITY RESEARCH

NCCOR

Implementation Scorecard: A Decision-Making Companion

This scorecard aims to help your team spot strengths and blind spots as you move through the four phases of implementing new interventions or programs:

1. Exploration
2. Preparation
3. Implementation
4. Sustainment

For each phase of implementation, score your progress using the following traffic light system:

- Red = Not yet
- Yellow = In progress
- Green = Yes, ready to move on

If you score red or yellow for any items within a phase, consider exploring the suggested resources to help build your knowledge and strengthen your capacity to complete that item. There are numerous implementation science resources available; these are just examples and are not necessarily endorsed or recommended. While these resources can support you through each phase, you do not need to use each resource listed before moving forward. You can move on to the next phase whenever you feel ready.

Designed for public health practitioners—especially those new to implementation science—the scorecard can help spark discussions and foster shared problem-solving. Use it to guide your program planning, flag areas that need extra support, and align your team for successful implementation.

Each implementation phase takes time, and each intervention or program has its own unique timeline. Don't expect to race from one phase to the next; instead, spend the time needed to address each phase. Multiple months may pass between phases. In addition, it is wise to consider sustainability from the beginning of your efforts.

The stages of implementation are iterative. You can regularly revisit this tool to check in on your progress around each phase and identify areas for improvement. Capture your progress today in the provided space on each page. You can look back at your notes and compare them to your progress at a future date.

NCCOR is a partnership of the four leading U.S. childhood obesity research centers: the Robert Wood Johnson Foundation (RWJF), the National Institute of Health (NIH), the National Cancer Institute (NCI), and the U.S. Department of Agriculture (USDA). For more information about NCCOR, visit nccor.org.

www.nccor.org • Email: nccor@nccor.org

Developing Tools and Resources

OPUS learning guides

- The OPUS learning guides are designed to help professors, students, and early career researchers easily access key takeaways from the OPUS workshop series and incorporate the lessons into the classroom and applied research projects.

The screenshot shows a page from the OPUS (Obesity-Related Policy, Systems, and Environmental Research in the US) Learning Guide. The page title is "Applying Rigorous Designs to the Evaluation of PSE Interventions" by Amy Carroll-Scott, PhD, MPH, from Drexel University. The page is divided into several sections: an introductory paragraph about the guide's purpose, a section titled "Building Sustainable Public Health Impact" which discusses the importance of community engagement and trust, and a "Key Terms" section at the bottom. The "Key Terms" section includes definitions for Community-based participatory research (CBPR), Policy, systems, and environment (PSE) approaches, and Authentic community engagement. The NCCOR logo is visible in the bottom left corner, and the page number "1" is in the bottom right corner.

LEARNING GUIDE **opus** Obesity-Related Policy, Systems, and Environmental Research in the US

Applying Rigorous Designs to the Evaluation of PSE Interventions

Amy Carroll-Scott, PhD, MPH • Drexel University, Dornsife School of Public Health, Department of Community Health and Prevention

The OPUS learning guides are designed to help professors, students, and early career researchers easily access key takeaways from the OPUS workshop series and incorporate the lessons into the classroom and applied research projects.

In this presentation, Dr. Amy Carroll-Scott discusses how social determinants of health at the community level affect health equity in urban areas, highlighting her work in West and Southwest Philadelphia. She discusses how trust building, community-based participatory research (CBPR), and policy, systems, and environment (PSE) strategies can be used to address health disparities. She also shares practical guidance for using data to shape interventions and for building partnerships between community members and academic teams.

Building Sustainable Public Health Impact

Dr. Carroll-Scott's session highlights how PSE strategies can create public health impact that is rooted in community engagement and can be sustained over time. She argues that CBPR is important for building trust, making sure strategies are relevant to communities, and empowering residents to lead change. By combining data with community stories, public health efforts can shed light on and more effectively address health inequities. She also discusses the importance of building long-term partnerships between researchers and communities that prioritize shared power, promote collaboration, and are beneficial for all involved.

LEARNING OBJECTIVES

- Define PSE change strategies in the context of public health.
- Explain the role of community engagement and CBPR in addressing social determinants of health.
- Identify best practices for building equitable and sustainable partnerships between communities and academic teams.

Key Terms

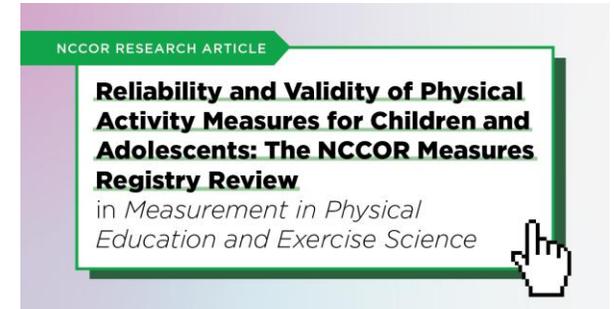
- Community-based participatory research (CBPR):** A collaborative research method that equitably involves all actors impacted by the research in all phases of the research project.
- Policy, systems, and environment (PSE) approaches:** An effort to create lasting improvements in individual and community health by changing rules or laws (policy), structures or networks that influence how services are delivered or resources are allocated (systems), and physical, social, or economic environments to drive behavior and culture change at a macro level.
- Authentic community engagement:** A participatory approach in which people and organizations in communities are not merely consulted but truly empowered as experts and decision makers.

NCCOR 1

Developing Tools and Resources

Three publications

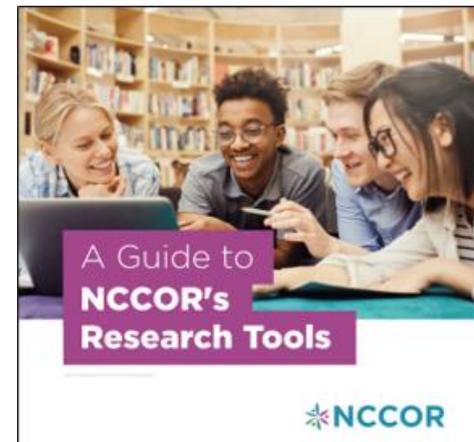
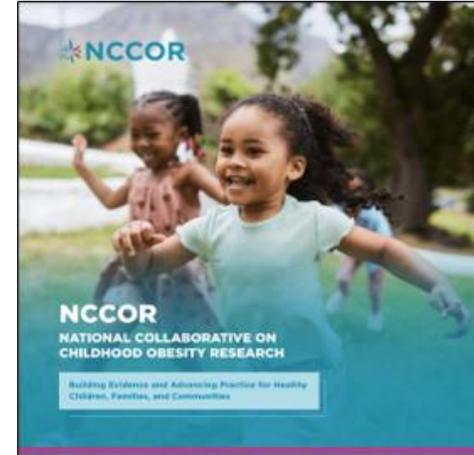
- Reliability and Validity of Physical Activity Measures for Children and Adolescents: The NCCOR Measures Registry Review
- Development of the Physical Activity Research Opportunities (PARO) Framework
- Advancing Policy, Systems, and Environmental Change Research to Reverse Upward Trends in Obesity Prevalence—A New Call to Action



Developing Tools and Resources

Updated NCCOR materials

- NCCOR Overview booklet
- A Guide to NCCOR Research Tools
- A Guide to NCCOR's Student Hub



Developing Tools and Resources

15 resources added to the resource library

- Rebuilding Momentum: NCCOR 2024 Annual Report
- Reliability and Validity of Physical Activity Measures for Children and Adolescents
- OPUS II workshop summary
- 5 OPUS learning guides
- A Guide to NCCOR's Research Tools
- Implementation Science Scorecard and Case Study
- Development of the Physical Activity Research Opportunities (PARO) Framework
- Advancing Policy, Systems, and Environmental Change Research to Reverse Upward Trends in Obesity Prevalence—A New Call to Action
- Using Qualitative Data Analysis Combine with Expert Consultation to Consolidated Research Opportunities: Developing the Physical Activity Research Opportunities (PARO) Framework
- The Development of NCCOR's Implementation Scorecard: A Decision-Making Companion for Public Health Practitioners

Conducting Strategic Communications and Outreach



NCCOR General e-Newsletter

- 6,385 subscribers
- 26% open rate

NCCOR Social Media

- 4,312 followers
- 22,698 post impressions

NCCOR Student Hub Newsletter

- 1,140 subscribers
- 18.6% open rate

Conducting Strategic Communications and Outreach

NCCOR Website

- Top performing pages:
 - Youth Compendium of Physical Activities
 - A Guide to Methods for Assessing Childhood Obesity
 - NCCOR Resource Library

Conducting Strategic Communications and Outreach

29 articles posted on LinkedIn

Top 5 performing articles:

- Q&A with Dr. Kozeta Miliku: Ultra-Processed Food Consumption and Obesity Development in Canadian Children
- Nutritional Implications of GLP-1 Medications in Obesity Care: What We Learned from NCCOR's Connect & Explore Webinar
- Q&A with Dr. Elder Garcia Varela: Policy, Systems, and Environmental Strategies to Support Healthy Eating Behaviors in Early Childhood
- How a Student Uses NCCOR's Student Hub: A Q&A with Caroline Rodriguez
- New Publication: Advancing Physical Activity Research with the PARO Framework

Connecting the Field: Webinars and Workshops

Hosted 3 Connect & Explore webinars

- **January 27, 2025**
- August 28, 2025
- October 14, 2025

Understanding Weight Stigma: Impacts on Families and Youth

- Rebecca Puhl, PhD, MS, Rudd Center for Food Policy and Health, University of Connecticut
- Katherine M. Rancaño, PhD, MS, RAND Corporation

Connecting the Field: Webinars and Workshops

Hosted 3 Connect & Explore webinars

- January 27, 2025
- **August 28, 2025**
- October 14, 2025

Nutritional Implications of GLP-1 Medications in Obesity Care

- Sandra Christensen, MSN, ARNP, FNP-BC, MFOMA, FAANP, Integrative Medical Weight Management
- Jaime P. Almandoz, MD, MBA, FTOS, University of Texas Southwestern Medical Center

Connecting the Field: Webinars and Workshops

Hosted 3 Connect & Explore webinars

- January 27, 2025
- August 28, 2025
- **October 14, 2025**

Turning Evidence into Action: Using NCCOR's Implementation Scorecard to Strengthen Childhood Obesity, Nutrition, and Physical Activity Interventions

- Taren Massey-Swindle, PhD, University of Arkansas for Medical Sciences College of Medicine
- Teddy Swenson, MPH, New York City Department of Health and Mental Hygiene

Connecting the Field: Webinars and Workshops

Clinical Research Gaps in Pediatric Obesity Pharmacotherapy workshop

- **Purpose:** To understand current practice and identify research gaps and priority research questions that, when answered, can help health care practitioners in the process and practice of prescription, maintenance, and discontinuation of GLP-1 and other obesity medications (OM) for children and adolescents, and support for their caregivers.
- **3** virtual meetings; **1** in-person meeting
- **27** attendees representing expertise in clinical research and practice, mental health, nutrition, and physical activity
- **105** research questions reviewed and prioritized
- **5** thematic sessions
 1. GLP-1 Treatment Initiation, Selection, Duration, and Discontinuation
 2. GLP-1 Treatment Effects and Outcomes
 3. Mental and Behavioral Health
 4. Nutrition and Physical Activity Assessment, Monitoring, and Counseling
 5. Intensive Health Behavior and Lifestyle Treatment (IHBLT)

Connecting the Field: Webinars and Workshops

Clinical Research Gaps in Pediatric Obesity Pharmacotherapy workshop

- Sarah Armstrong, MD
- Katherine Balantekin, PhD, RD
- Meredith Dreyer Gillette, PhD
- Ihouma Eneli, MD, MS
- Jenny Favret, MS, RD, LDN
- Claudia Fox, MD, MPH, ABOM
- Sarah Hampl, MD
- Faith Anne Heeren, PhD
- John Jakicic, PhD
- Aaron Kelly, PhD
- Carine Lenders, MD, MS, ScD
- Eleanor Mackey, PhD
- Bailey McIntire, RD
- Jaime Moore, MD, MPH
- Katie Queen, MD
- Jessica Reilly, MD
- Renee Rogers, PhD
- Mona Sharifi, MD, MPH
- Lauren Shomaker, PhD
- Webb Smith, PhD, ACSM-CEP
- Brooke Sweeney, MD, FAAP, FACP, DABOM
- Anna Tanner, MD
- Zoria Telfare, MS
- Stephanie Willette Waldrop, MD, MPH, ABP, ABOM, NBPNS
- Stephanie Walsh, MD, MS
- Ashley Weedn, MD, MPH, FAAP
- Denise Wilfley, PhD

Connecting the Field: Presentations and Exhibits



Active Living Conference (ALC), March 2025

- **Workshop:** Using the PARO Framework to Advance Dissemination and Implementation Research

American Public Health Association (APHA), November 2025

- NCCOR Exhibit Booth
- **Presentation:** Accelerating Progress in Child Obesity Prevention through Policy, Systems, and Environmental Research
- **Presentation:** A Call to Action for Advancing Policy, Systems, and Environmental Change Research to Reverse Upward Trends in Obesity Prevalence

ObesityWeek, November 2025

- **Symposium:** Obesity-Related Policy, Systems, and Environmental Research in the U.S.

Science of Dissemination and Implementation in Health, December 2025

- **Poster:** The Development of NCCOR's Implementation Scorecard: A Decision-Making Companion for Public Health Practitioners
- **Poster:** Using Qualitative Data Analysis Combined with Expert Consultation to Consolidate Research Opportunities: Developing the Physical Activity Research Opportunities (PARO) Framework

Connecting the Field: Presentations and Exhibits



Refreshed NCCOR booth!



Questions?

Workgroup Updates

Amanda Sharfman
NCCOR Coordinating Center

Workgroup Updates

- **Obesity-Related Policy Research in the U.S. (OPUS) Workshop:** The first meeting of NCI Administrative Supplement awardees is scheduled for Thursday, January 29.
- **Research Gaps in Treatment of Pediatric Obesity with Obesity Medications:** The workgroup and workshop co-chairs are reviewing and consolidating ideas that emerged from the workshop including research questions, clinical outcomes, and protocols. The Coordinating Center has begun drafting a workshop white paper.
- **Sport and Youth Well-Being:** This workgroup will identify best practice approaches for ensuring broader access to sports programs for all children.
 - First workgroup meeting: Friday, January 30th at 11am ET
 - The workgroup will choose a recurring meeting time on the 30th.

Call for New Projects

- NCCOR members are invited to submit project ideas using the proposed project form on the Member Hub.
- Some ideas generated at the September member meeting included:
 - Exploration of the role of AI-based tools and technologies in promoting healthy behaviors
 - Convening to discuss what is next for addressing childhood obesity

The image shows a screenshot of a 'Proposed Project Form' template. At the top left is the NCCOR logo with the tagline 'Building Evidence and Advancing Practice for Healthy Children, Families, and Communities' and the website 'www.nccor.org'. The title 'Proposed Project Form' is centered. Below the title, there is a paragraph: 'Complete as much of this form as you can and submit it to Amaniia Sharifian (asharifian@nccor.org), who will share it with the NCCOR Steering Committee.' The form contains seven numbered sections:

- 1. Project name:**
- 2. Description of project/activity:** Provide a brief description explaining the background, inspiration, and purpose of the initiative/activity. Also note which two (or more) partner agencies have agreed to participate in this project.
- 3. Goal(s):**
 - Describe how the activity is consistent with NCCOR mission and goals.
 - Describe how the activity addresses a critical research gap.
 - Describe how being an NCCOR project would strengthen this activity.
- 4. Project leads, with agency noted:** List at least two NCCOR member(s) who will be the workgroup lead(s); these members will be the main point(s) of contact and will ideally be from two different agencies.
- 5. Workgroup members, with agency noted:** List additional NCCOR member(s) who may be involved with the initiative/activity; these members would provide scientific support and expertise.
- 6. Outside scientific expertise, if applicable:** List non-NCCOR person(s) who may be involved with the initiative/activity; these individuals would provide scientific support and expertise.
- 7. Proposed activities/timeline:** Provide an estimated project timeline with activities and deadlines.

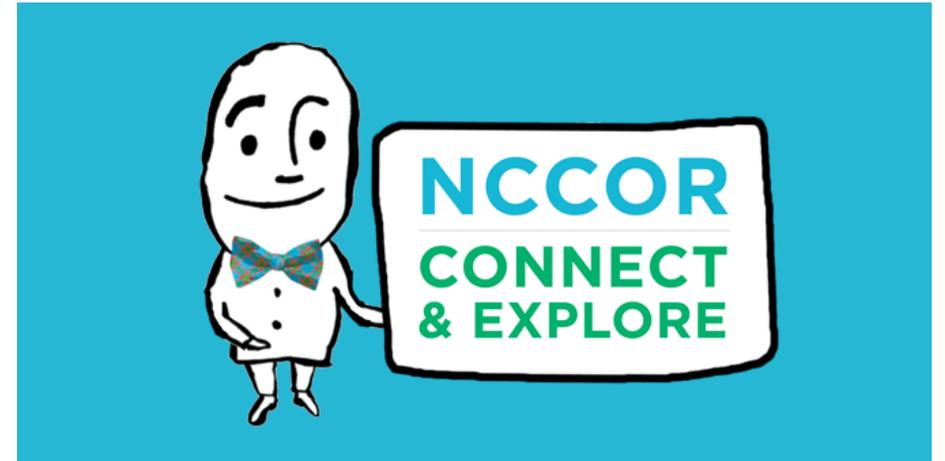
At the bottom of the form, the text 'Proposed Project Form Template' is written in blue.

Communication Updates

Amanda Sharfman
NCCOR Coordinating Center

Upcoming Connect & Explore Webinar

- Advancing Physical Activity Research and Practice with the PARO Framework
- Tuesday, January 27, 3 – 4 PM ET
- Speakers
 - Laura Balis, PhD, Center for Nutrition & Health Impact
 - Bramaramba Kowtha, MS, National Institutes of Health





Emerging Opportunities for NCCOR

Calendar Reminders

Member Calls

- March 18
- April 15
- May 20
- July 15
- August 19

Member Meetings

- February 25
- June 10
- September 16

Do you want to present your work to NCCOR members? Let us know at rgrimsland@fhi360.org!



Questions?