

Workshop Agenda

NCCOR (National Collaborative on Childhood Obesity Research)

July 15–16, 2026

11 a.m. – 3 p.m. ET

Location: Zoom

Registration Link: https://fhi360-org.zoom.us/meeting/register/Xt1r_HXkR3-GBT3SkiB2kg

Meeting ID: 925 4208 3603

Workshop goal: The NCCOR webinar and workshop activities aim to: (a) Introduce a draft framework for quality youth sports; (b) describe youth sports programs that represent different dimensions of the framework; (c) discuss whether and how the framework can be revised to better capture quality youth sports; and (d) identify potential next steps for the framework tailored to researchers and practitioners.

Day 1: Wednesday, July 15

11:00 – 11:10 Welcome and Charge for the Day

- Stephanie George, PhD, MPH, MA, *National Institutes of Health*

11:10 – 11:20 Overview of the Framework

- Daniel Hatfield, PhD, *NCCOR Coordinating Center*

Session 1: Foundational Conditions

11:20– 12:05 Structural Quality, Access, Transparency, and Engagement in Youth Sport Programs

- Moderator: Hui-Ju “Zoe” Young, PhD, CMA, National Center on Health, Physical Activity and Disability (NCHPAD), University of Alabama at Birmingham
- Fa'amalo “Malo” Lutu, *Imperial Beach Parks, Recreation, and Community Services*
- Stephanie McKeon, *Special Olympics North America*
- Allie Riley, PhD, MSW, *Girls on the Run*

DEFINING QUALITY YOUTH SPORTS ENVIRONMENTS: A Conceptual Framework and Examples from the Field

12:05 – 1:00 Breakout Discussion Related to Foundational Conditions

- What part of this framework resonates the most for you?
- What is missing from [this section of] the framework? What should be removed?
- How would you, or organizations you work with, put ideas from the framework into practice?
- What might make it easier to put these ideas into practice? What roadblocks are there to doing so? How has your organization or others overcome those challenges?
- What have been your successes related to this part of the framework?
- How, if at all, do you evaluate the extent to which your program, or programs you work with, does these things?
- What additional resources could support your use of the framework?

1:00 – 1:10 Break

Session 2: Program Environments

1:10– 1:55 Psychological Environment, Health, and Safety in Youth Sport Programs

- Moderator: Lynette Craft, PhD, *American Orthopaedic Society for Sports Medicine*
- Jackie Kippen, *YMCA of Metropolitan Detroit*
- Jaci McCormack, *Rise Above*
- Tierra Stewart, *DC SCORES*

1:55 – 2:50 Breakout Discussion Related to Program Environments

- What part of this framework resonates the most for you?
- What is missing from [this section of] the framework? What should be removed?
- How would you, or organizations you work with, put ideas from the framework into practice?
- What might make it easier to put these ideas into practice? What roadblocks are there to doing so? How has your organization or others overcome those challenges?
- What have been your successes related to this part of the framework?
- How, if at all, do you evaluate the extent to which your program, or programs you work with, does these things?
- What additional resources could support your use of the framework?

2:50 – 3:00 Day 1 Closing

- Jennifer Matjasko, PhD, MPP, *Centers for Disease Control and Prevention*

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Day 2: Thursday, July 16

11:00 – 11:10 Welcome Back and Recap of Day 1

- Malorie Polster, MPH, CHES, *U.S. Department of Health and Human Services*

Session 3: Youth Voice

11: 10– 11:45 Youth Voice and Autonomy in Youth Sport Programs

- Moderator: Jayne Greenberg, MS, EdD, *International Sport and Culture Association*
- Ellise (11th grade, Idaho), *GENYOUth Youth Council*
- Raquel (11th grade, Texas), *GENYOUth Youth Council*
- Rohit (12th grade, New Jersey), *GENYOUth Youth Council*

Session 4: Developmental Experience

11: 45– 12:30 Appropriateness for Developmental Stage and Positive Youth Development in Youth Sport Programs

- Moderator: Daycia McClam, *Positive Coaching Alliance*
- Dawn Anderson-Butcher, PhD, LISW-S, CMPC, *Ohio State University LiFEsports*
- Stephanie Herrick, MS, *Rising New York Road Runners*

DEFINING QUALITY YOUTH SPORTS ENVIRONMENTS: A Conceptual Framework and Examples from the Field

12:30 – 1:35 Breakout Discussion Related to Developmental Experience

- What part of this framework resonates the most for you?
- What is missing from [this section of] the framework? What should be removed?
- How would you, or organizations you work with, put ideas from the framework into practice?
- What might make it easier to put these ideas into practice? What roadblocks are there to doing so? How has your organization or others overcome those challenges?
- What have been your successes related to this part of the framework?
- How, if at all, do you evaluate the extent to which your program, or programs you work with, does these things?
- What additional resources could support your use of the framework?

1:35 – 1:45 Break

1:45 – 2:05 Putting It All Together

- Daniel Hatfield, PhD, *NCCOR Coordinating Center*

2:05 – 2:45 Breakout Discussion Related to Future Directions

Researchers:

- Do we need the final component on athlete outcomes—perhaps as an optional component for programs for which it is relevant? Or should the ideas be incorporated within the rest of the framework?
- How would you use the framework in your research?
- What are the most important knowledge gaps that we need to address to advance progress related to concepts in the framework?
- What are important outcomes to measure?
- What are associated measurement challenges?
- Where are there gaps in validated tools?
- What could be improved to make the framework more usable?
- What resources could NCCOR develop to help you use the framework in your work?

DEFINING QUALITY YOUTH SPORTS ENVIRONMENTS: A Conceptual Framework and Examples from the Field

National Practitioners:

- As a national program, how would you use the framework in practice?
- What additional resources/tools do we want to develop to support the use of the framework at a national level?
- What are some challenges you would anticipate in collaborating with researchers on studies related to the framework? What would it take to support your ability to engage in such partnerships?
- What are the most important outcomes for programs to evaluate? Why?
- If you had money to improve your organization's performance relative to any of these dimensions, where would you invest? What types of things would you invest in?
- Which aspects of the framework will be the hardest to accomplish? What additional resources would support implementation of the framework?
- What is one thing represented in the framework that you think you could implement in the next year without much assistance?

Local Practitioners:

- As a local program, how would you use the framework in practice?
- What additional resources/tools do we want to develop to support the use of the framework at a local level?
- What are some challenges you would anticipate in collaborating with local researchers on studies related to the framework? What would it take to support your ability to engage in such local partnerships?
- What are the most important outcomes for programs to evaluate? Why?
- If you had money to improve your organization's performance relative to any of these dimensions, where would you invest? What types of things would you invest in?
- Which aspects of the framework will be the hardest to accomplish? What additional resources would support implementation of the framework?
- What is one thing represented in the framework that you think you could implement in the next year without much assistance?

2:45 – 3:00

Day 2 Closing

- Stephanie George, PhD, MPH, MA, *National Institutes of Health*